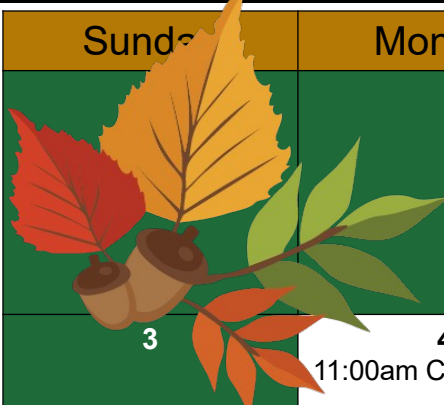

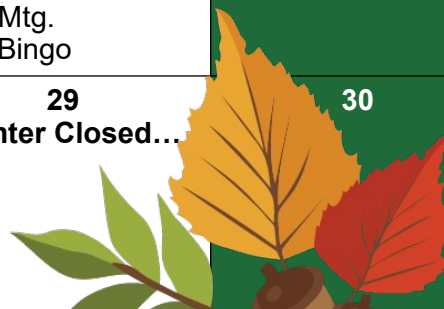


# HARMONY CENTER– November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3					1 1:00pm Peer Support 2:00pm Hot Chocolate Social	2
	4 11:00am Cards 1:00pm Peer Support- <i>Hybrid</i> 2:00pm Bake Cupcakes 6:00pm Peer Support	5 11:00am Games 1:00pm Peer Support w/Williston 2:00pm Birthday Celebration	6 10:30pm Fitness Time 1:00pm Living Well- "Book Club w/Williston: 'I Think I Smell Garlic'	7 What do do you need help with day- 1:00pm Audio Book Club 3:00pm Peer Support w/Andrea	8 1:00pm Peer Support 1:30 Membership Mtg. 2:00 Bingo	9
10	11 <b>Center Closed... Happy Veterans' Day!</b> 	12 11:00am Games 1:00pm Peer Support w/Williston 2:00pm Tech Help Day	13 10:30pm Fitness Time 1:00pm Living Well- "Cultural Foods...Lefse Making"	14 What do do you need help with day- 1:00pm Audio Book Club 3:00pm Peer Support w/Andrea	15 1:00pm Peer Support 2:00pm Christmas Card Making	16
17	18 11:00am Cards 1:00pm Peer Support- <i>Hybrid</i> 6:00pm Peer Support	19 11:00am Games 12:00pm-4:00pm Independent Living Fair	20 10:30pm Fitness Time 1:00pm Living Well- "Mindful Minutes"	21 What do do you need help with day- 1:00pm Audio Book Club 3:00pm Peer Support w/Andrea	22 1:00pm Peer Support 1:30 Membership Mtg. 2:00 Bingo	23
24	25 11:00am Cards 1:00pm Peer Support- <i>Hybrid</i> 5:00pm <b>Thanksgiving Subs*</b> 6:00pm Peer Support	26 11:00am Games 1:00pm Peer Support w/Williston 2:00pm Tech Help Day	27 10:30pm Fitness Time 1:00pm Living Well- "Let's Talk About Grief"	28 <b>Center Closed... Happy Thanksgiving!</b>	29 <b>Center Closed...</b>	30 



Harmony Center #: 852-3263  
Hours Open:  
Monday 9am-7pm/ Tuesday thru Friday 9am-5pm