



MOUNTAINBROOKE JUNE 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Announcements:

Member's meeting will take place Friday, June 14th at 9:00 AM. Member's Meetings are held the second Friday of the month at 9 AM. All members are encouraged to join..

Peer Support Groups on Tuesday and Thursday are open to the public.

We will serve lunch every Friday at Noon. Please call or sign up in person by Thursday.

Mental Health Hotlines:

211
988
800-273-8255

112 North 3rd Street
Grand Forks, North Dakota 58203
P: (701) 746-4530

Hours:
Monday-Friday
8:00 AM – 4:00 PM
E: mountainbrookegf@gmail.com



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Closed
2 Closed	3 10:00 Expectations 11:00 Yoga	4 10:00 Peer Support 11: Better Together 1:00 Card Games	5 10:00 Recovery Ed: NEHSC 11 Pool Tournament	6 9:00 Case Worker 10:00 Food Bank 10:30 Peer Support	7 11:00 Game Stations 12 Lunch	8 Closed
9 Closed	10 10:00 Icebreakers 11:00 Wii Games	11 10:00 Peer Support 11: Better Together 1:00 Movie: MTB	12 10:00 Recovery Ed: NEHSC 11:00 Collages	13 9:00 Case workers 10:00 Food Bank 10:30 Peer Support	14 11:15 Member's Meeting 12 Lunch	15 Closed
16 Closed Father's Day	17 10:00 Gratitude Alphabet 11:00 Walk Downtown Juneteenth	18 10:00 Peer Support 11: Better Together 1:00 Card Games	19 10:00 Recovery Ed: NEHSC 11:00 Coloring	20 9:00 Case Workers 10:00 Food Bank 10:30 Peer Support	21 11:00 Music and Painting 12 Lunch	22 Closed
23 Closed	24 10:00 Journaling 11:00 Scavenger Hunt	25 10:00 Peer Support 11: Better Together 1:00 Movie: MTB	26 10:00 Recovery Ed: NEHSC 11:00 Bowling	27 9:00 Case Workers 10:00 Food Bank 10:30 Peer Support	28 11:00 Birthday Club 12 Lunch	29 Closed
30 Closed						